The Mursing Record & Ibospital Morld.

Comments and Replies.

REPLIES TO CORRESPONDENTS.

Sister Bertha, Birmingham .- One of the very nicest methods of making egg-nogg, which as usually prepared is a most untempting concoction, is the following: Beat the white of an egg stiffly, then stir into it in turn at tablespoon of sitted sugar, the well-beaten yolk of the egg, and a table-spoon each of ice-cold water, milk, and wine. Do not beat, but stir very lightly.

Puzzled Nurse, London.—What is called aqua-puncture is the hypodermic injection of pure water, and it is used absolutely for its mental effect. If a patient be suffering from morphia habit, or has been accustomed to hypodermics, it is frequently impossible to get him to sleep without making the show of a hypodermic. The water is used to get the moral and soothing effect of the drug without its deleterious results.

results. Miss Twells, Barnet.—You should apply to the Workhouse Infirmary Nursing Association. But the lowest age for ad-mission as Probationer is, very rightly, 22 years, so that you still have some time to wait. Study sick cookery, dispensing, and some anatomy and physiology during your waiting period. With this preparation you will make as much progress in efficiency in your first year as, without them, you would need two years to gain. Learn also the symbols and abbreviations used in prescriptions, so that the head boards of your patients will not be for many weeks so many Chinese puzzles. puzzles.

Mrs. Allen, Gloucester. — Write for the "Nursing Dir-ectory," price 5s., to Manager, NURSING RECORD Office, 11, Adam Street, Strand; all the information you require is to be found in it.

Miss A. Jones. Cardiff.—We are glad to hear you intend to visit the Exhibition. The Conferences take place, fore-noon and afternoon, on the 3rd, 4th, and 5th of June, and are open to the public.

LETTERS RECEIVED.

- Miss C. Butler (with enclosure). Sister Bailey, Leeds в.
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 Mrs. R. Cross, Blackburn. Mrs. G. Clutterbuck, Peckham. Miss B. Cutler, Cairo. Mrs. Howard Collins, Birmingham (with enclosure).
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 Mrs. C. Howe, Gloucester (with enclosure).
 Miss Menzies Jackson, London (with enclosure).
 Miss Menzies Jackson, London (with enclosure). Miss C. Lames. Nottingham. c.
- D.
- G.
- н.
- Τ. C. James, Nottingham.
- Miss Lawrie, London (with enclosure). Miss J. Long, L. Geneva.
- Miss O. Prescott, London. Р.
- R,
- Miss Rennie, Dublin. Mrs. A. H. Stanley (with enclosure). Miss Sumner, s. Listowel.
- Miss Tomkins, Norwich. Miss Travers, Swansea. w.
- Miss Alice Wallick, London.



NOTICE!

Owing to complaints having been received from our Readers that they are unable to get the NURSING RECORD in some Districts, we append a list of Booksellers from whom the journal can be obtained :--

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